

Background:

Between us we have been involved in running drop-in dance sessions for well over 20yrs. In 2006, Dance North formed a dance club dedicated to the promotion of ballroom dance in Northern BC. The DN group has since expanded to offer other dance styles, but no longer operates as a "club" per se. Friday nights will continue to focus on Latin & Ballroom while Wednesdays are more about "club" styles like Salsa and Swing. We are a relaxed group that refuse to get caught up in unnecessary regime or politics.

Beginner to Intermediate sessions run concurrently at weekly drop-ins from September to June.

Wednesday: 7:30 - 9:00pm

Friday: 7:30 - 9:00pm

(Sept to June each season)

**** Please try to arrive in time to start on time ****

Dance North sometimes holds feature dances such as a Halloween Masquerade Ball or maybe a Valentine's Ball. These will be announced as and when. Ask us about New Year's Eve.

Our Volunteer Instructors work on lead and follow, frame, styling and dance floor etiquette.

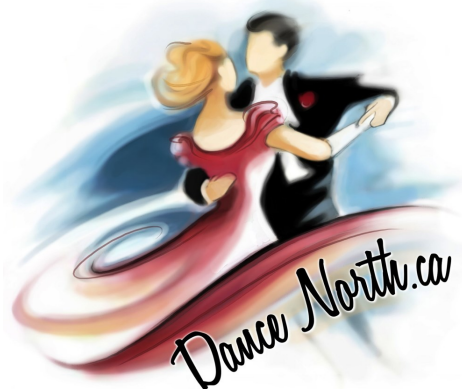
Drop-in sessions are followed by open dancing, giving beginners a chance to practice and apply what they learned from their sessions.

Dancing is a unique form of exercise providing the health benefits of aerobics while allowing you to engage in social activities, meet people and have fun. Dancing has a way of brightening up a person's day, so don't be shy! We have people of all ages, and at all levels of dance, attending our drop-in sessions.

*** Come Dance With Us ***

&

Make Dance a Part of Your Life!



Promoting Ballroom & Social Dance in Northern BC

***In-house Workshops
or Special Events***

will be announced as and when

Contact Info:

emailus@dancenorth.ca

Administrators:

Paz Milburn: snowdropcanada@gmail.com

Peter Weedon: pitpasspete@gmail.com

Give us a call at:

250-640-0490 or 250-565-8888



Ballroom & Social Dance

Drop-in's held at :

YMCA Highland Centre

155 McDermid Drive
Prince George, BC

7:30pm on Wednesdays & Fridays
(September to June)

<http://dancenorth.ca>

September 2018 - June 2019 Schedule

Our Goal is to be Scent Free

***"Make Dance a Habit,
It Will Change Your Life"***

Administrative Details:

Drop-in Fee: \$5.00

Drop-in fees apply to the following:

Wednesday & Friday Night
Drop-in Sessions

SEASON PASS

(similar to a membership):

September 2018 - June 2019

\$200.00

(Also pro-rated @ \$20 per month)

Benefits to Yearly Pass:

- Save over 50% with drop-in fees
- Easy access to other DN activities
- Access to discounted private lessons

**Also, you can buy a convenient
10 pass Punch Card for \$50**

More details available on request.
Please check at our drop-in sessions.

For further details on our drop-in's
or other Dance North activities

Give us a call at:

250-640-0490 250-565-8888

Or look us up at:

<http://dancenorth.ca>

SCHEDULE FOR 2018-2019 - schedule subject to change

Wednesday (Blue = Tentative dates)

2018 - 2019	Dance Style
Sept 5 2018	1a Swing (Single & Triple)
Sept 12	1b Swing (Single & Triple)
Sept 19	2a Night Club
Sept 26	2b Night Club
Oct 3	3a Two Step
Oct 10	3b Two Step
Oct 17	4a Salsa
Oct 24	4b Salsa
Oct 31	5a Hustle
Nov 7	5b Hustle
Nov 14	6a WCS (West Coast Swing)
Nov 21	6b WCS (West Coast Swing)
Nov 28	1a Swing (Single & Triple)
Dec 5	1b Swing (Single & Triple)
Dec 12	Open Dance Floor
Jan 2 2019	2a Night Club
Jan 9	2b Night Club
Jan 16	3a Two Step
Jan 23	3b Two Step
Jan 30	4a Salsa
Feb 6	4b Salsa
Feb 13	5a Hustle
Feb 20	5b Hustle
Feb 27	6a WCS
Mar 6	6b WCS
Mar 13	1a Swing (Single & Triple)
Mar 20	1b Swing (Single & Triple)
Mar 27	2a Night Club
Apr 3	2b Night Club
Apr 10	3a Two Step
Apr 17	3b Two Step
Apr 24	4a Salsa
May 1	4b Salsa
May 8	5a Hustle
May 15	5b Hustle
May 22	6a WCS
May 29	6b WCS
Jun 5	1a Swing (Single & Triple)
Jun 12	1b Swing (Single & Triple)
Jun 19	2a Night Club
Jun 26	2b Night Club

Friday (Blue = Tentative dates)

SCHEDULE FOR 2018 - 2019 - schedule subject to change

2018 - 2019	Dance Style
Sept 7 2018	1a North American Fox Trot
Sept 14	1b North American Fox Trot
Sept 21	2a Cha-cha
Sept 28	2b Cha-cha
Oct 5	3a Waltz
Oct 12	3b Waltz
Oct 19	4a Tango
Oct 26	4b Tango
Nov 2	5a Rumba
Nov 9	5b Rumba
Nov 16	6a Quickstep
Nov 23	6b Quickstep
Nov 30	1a North American Fox Trot
Dec 7	1b North American Fox Trot
Dec 14	Open Dance Floor
Jan 4 2019	2a Cha-cha
Jan 11	2b Cha-cha
Jan 18	3a Waltz
Jan 25	3b Waltz
Feb 1	4a Tango
Feb 8	4b Tango
Feb 15	5a Rumba
Feb 22	5b Rumba
Mar 1	6a Quickstep
Mar 8	6b Quickstep
Mar 15	1a North American Fox Trot
Mar 22	1b North American Fox Trot
Mar 29	2a Cha-cha
Apr 5	2b Cha-cha
Apr 12	3a Waltz
Apr 19	3b Waltz
Apr 26	4a Tango
May 3	4b Tango
May 10	5a Rumba
May 17	5b Rumba
May 24	6a Quickstep
May 31	6b Quickstep
Jun 7	1a North American Fox Trot
Jun 14	1b North American Fox Trot
Jun 21	2a Cha-cha
Jun 28	2b Cha-cha