

Background:

We have been involved in running drop-in dance sessions for well over 20yrs. In 2006, Dance North formed a dance club dedicated to the promotion of ballroom dance in Northern BC. The DN group has since expanded to offer other dance styles, but no longer operates as a "club". Friday nights still focus on Latin & Ballroom while Wednesdays are more about "club" styles like Salsa and Swing. We are a relaxed group not caught up in unnecessary regime or politics.

Beginner to Intermediate sessions run concurrently at weekly drop-ins from September to June.

Wednesday: 7:30 - 8:30pm

Friday: 7:30 - 8:30pm

(We ask that you make an effort to arrive in time as we try to start sessions promptly.)

Dance North sometimes holds feature dances such as a Halloween Masquerade Ball or maybe a Valentine's Ball. These will be announced.

Our Volunteer Instructors work on lead and follow, frame, styling and dance floor etiquette.

Drop-in sessions are followed by open dancing, giving beginners a chance to practice and apply what they learned from their sessions.

Dancing is a unique form of exercise providing the health benefits of aerobics while allowing you to engage in social activities, meeting people and having fun. Dancing has a way of brightening up a person's day!

Don't be shy! We have people of all ages and at all levels of dance attending.

*** Come Dance With Us ***

&

Make Dance Part of Your Life!



Promoting Ballroom & Social Dance in Northern BC

Possible Feature Dances

Halloween Ball

Friday, October 27th
(following dance session)

Valentine's Ball

Friday, February 9th
(following dance session)

In-house Workshops

TBA

Contact Info:

emailus@dancenorth.ca

OR

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250-640-0490 250-565-8888



Ballroom Dance Club

Drop-in's held at :

**Judy Russell's Enchainement
Dance Centre**

**3540 Opie Crescent
Prince George, BC**

www.dancenorth.ca

& on facebook

September 2017 - June 2018 Schedule

Our Goal at Dance North is to be Scent Free

*"Make Dance a Habit,
It Will Change Your Life"*

Administrative Details:

Drop-in Fees *:

- Regular \$5.00
- Student * Same

Drop-in fees include the following:

Wednesday & Friday Night
Drop-in Sessions

SEASON PASS (similar to membership):

(September 2017 - June 2018)

- Regular \$200.00
- Students * Same

Benefits to Yearly Pass:

- Save over 50% with drop-in fees
- Easy access to other DN activities
- Access to discounted private lessons

Also, you can buy a Punch Card
for convenience.

Details available on request.

Please check at our drop-in sessions.

For further details on our drop-in's, schedules
or other Dance North activities,
please ask at drop-in

or

Look us up at:

www.dancenorth.ca

Wednesday

Sept 6 2017	1a ECS (Single & Triple)
Sept 13 2017	1b ECS (Single & Triple)
Sept 20 2017	2a Night Club 2
Sept 27 2017	2b Night Club 2
Oct 4 2017	3a Two Step
Oct 11 2017	3b Two Step
Oct 18 2017	4a Salsa
Oct 25 2017	4b Salsa
Nov 1 2017	5a Hustle
Nov 8 2017	5b Hustle
Nov 15 2017	1a ECS (Single & Triple)
Nov 22 2017	1b ECS (Single & Triple)
Nov 29 2017	2a Night Club 2
Dec 6 2017	2b Night Club 2
Dec 13 2017	Open Dance Floor
Jan 3 2018	3a Two Step
Jan 10 2018	3b Two Step
Jan 17 2018	4a Salsa
Jan 24 2018	4b Salsa
Jan 31 2018	5a Hustle
Feb 7 2018	5b Hustle
Feb 14 2018	1a ECS (Single & Triple)
Feb 21 2018	1b ECS (Single & Triple)
Feb 28 2018	2a Night Club 2
Mar 7 2018	2b Night Club 2
Mar 14 2018	3a Two Step
Mar 21 2018	3b Two Step
Mar 28 2018	4a Salsa
Apr 4 2018	4b Salsa
Apr 11 2018	5a Hustle
Apr 18 2018	5b Hustle
Apr 25 2018	1a ECS (Single & Triple)
May 2 2018	1b ECS (Single & Triple)
May 9 2018	2a Night Club 2
May 16 2018	2b Night Club 2
May 23 2018	3a Two Step
May 30 2018	3b Two Step
Jun 6 2018	4a Salsa (Tentative)
Jun 13 2018	4b Salsa (Tentative)
Jun 20 2018	5a Hustle (Tentative)
Jun 27 2018	5b Hustle (Tentative)

SCHEDULE FOR 2017-2018 - schedule subject to change

Friday

Sept 8 2017	1a North American Fox Trot
Sept 15 2017	1b North American Fox Trot
Sept 22 2017	2a Cha-cha
Sept 29 2017	2b Cha-cha
Oct 6 2017	3a Waltz
Oct 13 2017	3b Waltz
Oct 20 2017	4a Tango
Oct 27 2017	4b Tango
Nov 3 2017	5a Rumba
Nov 10 2017	5b Rumba
Nov 17 2017	1a North American Fox Trot
Nov 24 2017	1b North American Fox Trot
Dec 1 2017	2a Cha-cha
Dec 8 2017	2b Cha-cha
Dec 15 2017	Open Dance Floor
Jan 5 2018	3a Waltz
Jan 12 2018	3b Waltz
Jan 19 2018	4a Tango
Jan 26 2018	4b Tango
Feb 2 2018	5a Rumba
Feb 9 2018	5b Rumba
Feb 16 2018	1a North American Fox Trot
Feb 23 2018	1b North American Fox Trot
Mar 2 2018	2a Cha-cha
Mar 9 2018	2b Cha-cha
Mar 16 2018	3a Waltz
Mar 23 2018	3b Waltz
Mar 30 2018	4a Tango
Apr 6 2018	4b Tango
Apr 13 2018	5a Rumba
Apr 20 2018	5b Rumba
Apr 27 2018	1a North American Fox Trot
May 4 2018	1b North American Fox Trot
May 11 2018	2a Cha-cha
May 18 2018	2b Cha-cha
May 25 2018	3a Waltz
Jun 1 2018	3b Waltz
Jun 8 2018	4a Tango (Tentative)
Jun 15 2018	4b Tango (Tentative)
Jun 22 2018	5a Rumba (Tentative)
Jun 29 2018	5b Rumba (Tentative)

SCHEDULE FOR 2017-2018 - schedule subject to change